



## HYPNOSIS CERTIFICATION

Hypnosis works directly with the unconscious mind where habits, beliefs and emotions reside. By working in a relaxed state, the hypnotherapist can establish direct contact and rapport with the unconscious mind and help the client make their desired change. These changes produce a successful working relationship between the unconscious and conscious minds and lead the client to the greatest personal and professional accomplishments; this workshop is designed to give you some of the best tools for creating long lasting change. Although most people quickly and easily accept direct suggestions under hypnosis, some people will resist. Using indirect techniques often helps to bypass any resistance and allow you to assist the client in making the changes they desire.

### Why Hypnosis?

The course is delivered over 4 days where you will be using your newly acquired skills on day 1. The syllabus includes direct and indirect methods and advanced work which allows you to have the most choice when working with others to achieve change. Taught using an inductive style you will experience hypnosis throughout the course. This allows us to cover the information in the time required to qualify as a Certified Hypnotherapist by the American Board of Hypnotherapy and therefore entitled to offer Hypnotherapy as a core service.

### What can I expect

**Course Costs £650 +VAT**

**Dates July 22-25**

## CLINICAL HYPNOSIS

This is a three day course which provides the Certified Hypnotherapist with additional skills in order to offer clinical hypnosis in the following areas:-

Phobias  
Insomnia  
Alcohol Abuse  
Smoking  
Weight Loss  
Asthma  
Drug Addiction  
Depression  
Temper Anger Management  
Stress  
Male/Female Sexual Issues

**This is a certificated course recognised by The American Board of Hypnotherapy  
Cost £350 + Vat**

**Course Dates August 5-7**

**For more information about this programme or other training, please contact:  
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